



**CHRIS CASSIDY**  
EXPEDITION 36 FLIGHT ENGINEER

1  
00:00:17,189 --> 00:00:15,110  
good morning this is mission control

2  
00:00:18,950 --> 00:00:17,199  
houston welcome and thank you for

3  
00:00:22,710 --> 00:00:18,960  
joining us for today's edition of space

4  
00:00:24,310 --> 00:00:22,720  
station live this friday august 23rd

5  
00:00:25,990 --> 00:00:24,320  
those of you joining us now we are

6  
00:00:28,710 --> 00:00:26,000  
inside the international space station

7  
00:00:30,550 --> 00:00:28,720  
flight control room where the team

8  
00:00:32,310 --> 00:00:30,560  
has been keeping track of the systems

9  
00:00:34,950 --> 00:00:32,320  
aboard the station and supporting the

10  
00:00:36,950 --> 00:00:34,960  
day's activities of the expedition 36

11  
00:00:38,709 --> 00:00:36,960  
crew members

12  
00:00:40,790 --> 00:00:38,719  
leading the orbit 2 team here in the

13  
00:00:43,190 --> 00:00:40,800

station flight control room today his

14

00:00:45,670 --> 00:00:43,200

flight director matt abbott and that

15

00:00:47,510 --> 00:00:45,680

-serving as capcom nasa astronaut jack

16

00:00:50,470 --> 00:00:47,520

fisher who is relaying all ground

17

00:00:52,069 --> 00:00:50,480

messages up to the crew

18

00:00:53,990 --> 00:00:52,079

and now aboard the international space

19

00:00:56,389 --> 00:00:54,000

station his commander of the complex

20

00:00:58,310 --> 00:00:56,399

russian cosmonaut pavel vinogradov

21

00:01:01,349 --> 00:00:58,320

flight engineers russian cosmonaut

22

00:01:02,549 --> 00:01:01,359

alexander misurkin nasa astronaut chris

23

00:01:04,070 --> 00:01:02,559

cassidy

24

00:01:05,750 --> 00:01:04,080

here on the left-hand side and then

25

00:01:08,630 --> 00:01:05,760

joining them there on the right are

26

00:01:10,830 --> 00:01:08,640

russian cosmonaut vyoto yurichikan

27

00:01:13,350 --> 00:01:10,840

european space agency astronaut luca

28

00:01:18,230 --> 00:01:13,360

parmitano and nasa astronaut karen

29

00:01:23,749 --> 00:01:19,990

and now let's have a look back at this

30

00:01:28,390 --> 00:01:26,390

on monday following their seven hour 29

31

00:01:30,630 --> 00:01:28,400

minute space walk last friday the

32

00:01:33,109 --> 00:01:30,640

longest ever conducted by a pair of

33

00:01:36,149 --> 00:01:33,119

russian cosmonauts flight engineers

34

00:01:38,469 --> 00:01:36,159

fiore yurichikan and alexander misurkin

35

00:01:40,390 --> 00:01:38,479

spent their day on monday reviewing

36

00:01:42,389 --> 00:01:40,400

procedures and installing equipment on

37

00:01:44,789 --> 00:01:42,399

their orlan spacesuits to get ready for

38

00:01:45,830 --> 00:01:44,799

a second excursion excursion later in

39

00:01:48,310 --> 00:01:45,840

the week

40

00:01:50,230 --> 00:01:48,320

eurocheek and misurkin also participated

41

00:01:52,389 --> 00:01:50,240

in a debriefing with russian spacewalk

42

00:01:54,870 --> 00:01:52,399

specialists to discuss last friday's

43

00:01:57,109 --> 00:01:54,880

spacewalk

44

00:01:59,109 --> 00:01:57,119

then on monday flight engineer

45

00:02:01,990 --> 00:01:59,119

karen nyberg had spent her morning

46

00:02:04,630 --> 00:02:02,000

working in the japanese kibo laboratory

47

00:02:07,429 --> 00:02:04,640

removing the nanostep experiment from

48

00:02:09,990 --> 00:02:07,439

the solution crystallization observation

49

00:02:12,390 --> 00:02:10,000

facility and replacing it with the ice

50

00:02:14,630 --> 00:02:12,400

crystal 2 experiment

51  
00:02:17,350 --> 00:02:14,640  
nyberg had also prepared new test

52  
00:02:19,990 --> 00:02:17,360  
samples for the advanced colloids

53  
00:02:22,070 --> 00:02:20,000  
experiment also known as ace that is

54  
00:02:24,150 --> 00:02:22,080  
housed inside the microgravity science

55  
00:02:27,190 --> 00:02:24,160  
glove box of the station's destiny

56  
00:02:29,430 --> 00:02:27,200  
laboratory results from ace will help

57  
00:02:32,150 --> 00:02:29,440  
researchers understand how to optimize

58  
00:02:35,190 --> 00:02:32,160  
stabilizers to extend the shelf life of

59  
00:02:39,030 --> 00:02:35,200  
products like laundry detergent paint

60  
00:02:42,869 --> 00:02:40,869  
and on monday flight engineers chris

61  
00:02:43,990 --> 00:02:42,879  
cassidy and luca parmitano have began

62  
00:02:46,229 --> 00:02:44,000  
their day

63  
00:02:48,710 --> 00:02:46,239

by weighing themselves with the space

64

00:02:51,750 --> 00:02:48,720

linear acceleration mass measurement

65

00:02:53,990 --> 00:02:51,760

device also known as the slam-d

66

00:02:55,270 --> 00:02:54,000

palmitano then had moved on

67

00:02:57,430 --> 00:02:55,280

to routine

68

00:02:59,270 --> 00:02:57,440

environmental health monitoring work as

69

00:03:02,710 --> 00:02:59,280

he measured sound levels throughout the

70

00:03:08,710 --> 00:03:05,350

cassidy meanwhile on monday had set up a

71

00:03:12,149 --> 00:03:08,720

trio of bowling ball sized free-flying

72

00:03:15,350 --> 00:03:12,159

satellites known as synchronize position

73

00:03:16,550 --> 00:03:15,360

hold engage reorient experimental

74

00:03:20,630 --> 00:03:16,560

satellites

75

00:03:22,790 --> 00:03:20,640

or spheres for another round of tests

76  
00:03:25,190 --> 00:03:22,800  
working inside the kibo lab cassidy had

77  
00:03:27,509 --> 00:03:25,200  
put the robots through their paces for a

78  
00:03:29,830 --> 00:03:27,519  
checkout of a new graphical user

79  
00:03:32,390 --> 00:03:29,840  
interface to enable human supervised

80  
00:03:34,470 --> 00:03:32,400  
control of those satellites

81  
00:03:37,270 --> 00:03:34,480  
cassidy also later

82  
00:03:39,270 --> 00:03:37,280  
had observed another free-flying object

83  
00:03:40,390 --> 00:03:39,280  
this one floating outside the orbiting

84  
00:03:44,149 --> 00:03:40,400  
complex

85  
00:03:46,149 --> 00:03:44,159  
near a docked progress cargo vehicle he

86  
00:03:48,390 --> 00:03:46,159  
reported the unidentified item to

87  
00:03:50,550 --> 00:03:48,400  
mission control in houston captured

88  
00:03:52,710 --> 00:03:50,560

video of it as well russian ground

89

00:03:55,110 --> 00:03:52,720

controllers had identified it as an

90

00:03:58,470 --> 00:03:55,120

antenna cover from the zvezda service

91

00:04:02,710 --> 00:04:00,229

then on tuesday flight engineer chris

92

00:04:05,190 --> 00:04:02,720

cassidy had collected water samples from

93

00:04:07,030 --> 00:04:05,200

condensate line and the tranquility node

94

00:04:10,949 --> 00:04:07,040

and packaged the samples for return to

95

00:04:14,710 --> 00:04:12,789

flight engineer luca parmitano of the

96

00:04:16,150 --> 00:04:14,720

european space agency had spent some

97

00:04:19,189 --> 00:04:16,160

time on tuesday with a couple of

98

00:04:22,150 --> 00:04:19,199

cleaning tasks of the crew quarters

99

00:04:25,030 --> 00:04:22,160

and also on board air intake and exhaust

100

00:04:27,510 --> 00:04:25,040

ducts as well as the fan and air flow

101  
00:04:32,230 --> 00:04:29,830  
parmitano then performed an ultrasound

102  
00:04:33,590 --> 00:04:32,240  
on cassidy for the spinal ultrasound

103  
00:04:35,909 --> 00:04:33,600  
investigation

104  
00:04:38,390 --> 00:04:35,919  
medical researchers have observed that

105  
00:04:40,550 --> 00:04:38,400  
astronauts grow up to 3 percent taller

106  
00:04:42,790 --> 00:04:40,560  
during their long duration missions

107  
00:04:45,510 --> 00:04:42,800  
aboard the station and return to the

108  
00:04:47,590 --> 00:04:45,520  
normal height when back on earth that

109  
00:04:49,510 --> 00:04:47,600  
spinal ultrasound investigation seeks to

110  
00:04:51,670 --> 00:04:49,520  
understand the mechanism and impact of

111  
00:04:53,990 --> 00:04:51,680  
this change while advancing medical

112  
00:04:55,749 --> 00:04:54,000  
imaging technology by testing a smaller

113  
00:04:59,590 --> 00:04:55,759

and more portable ultrasound device

114

00:05:03,670 --> 00:05:02,230

on tuesday cassidy also took a break to

115

00:05:08,150 --> 00:05:03,680

talk with the reporters from the

116

00:05:10,790 --> 00:05:08,160

military times and wbur fm in boston

117

00:05:13,110 --> 00:05:10,800

cassidy had discussed discussed at life

118

00:05:15,029 --> 00:05:13,120

and work aboard the orbiting complex and

119

00:05:18,150 --> 00:05:15,039

described the career path to becoming an

120

00:05:23,189 --> 00:05:19,990

then tuesday working inside the japanese

121

00:05:24,629 --> 00:05:23,199

kibo module flight engineer karen nyberg

122

00:05:27,270 --> 00:05:24,639

spent her time

123

00:05:30,310 --> 00:05:27,280

replacing the infrared imager of the

124

00:05:32,310 --> 00:05:30,320

fluid physics experiment facility

125

00:05:34,550 --> 00:05:32,320

she then rounded out her day with the

126  
00:05:37,029 --> 00:05:34,560  
surface telerobotics experiment as she

127  
00:05:39,749 --> 00:05:37,039  
remotely controlled the k-10 rover at

128  
00:05:41,590 --> 00:05:39,759  
the ames research center in california

129  
00:05:43,350 --> 00:05:41,600  
using a special program on a laptop

130  
00:05:45,189 --> 00:05:43,360  
computer that provided

131  
00:05:48,150 --> 00:05:45,199  
live video from the rover and virtual

132  
00:05:50,310 --> 00:05:48,160  
terrain nyebrog downlink task plans to

133  
00:05:55,029 --> 00:05:50,320  
the rover monitor the execution of those

134  
00:05:59,590 --> 00:05:57,350  
meanwhile back on earth on tuesday nasa

135  
00:06:01,990 --> 00:05:59,600  
introduced its new class of space

136  
00:06:03,909 --> 00:06:02,000  
explorers that has officially reported

137  
00:06:04,870 --> 00:06:03,919  
for duty here at the johnson space

138  
00:06:06,710 --> 00:06:04,880

center

139

00:06:10,309 --> 00:06:06,720

four men and four women recently

140

00:06:13,189 --> 00:06:10,319

selected as the 2013 astronaut class

141

00:06:15,590 --> 00:06:13,199

took center stage on tuesday as nasa

142

00:06:17,510 --> 00:06:15,600

administrator charlie bolden introduced

143

00:06:19,189 --> 00:06:17,520

the eight astronaut candidates and

144

00:06:21,350 --> 00:06:19,199

answered questions from media about

145

00:06:27,350 --> 00:06:21,360

their selection and training as well as

146

00:06:31,270 --> 00:06:28,950

then on wednesday flight engineers

147

00:06:33,350 --> 00:06:31,280

fiordo yurochikin and alexander misurkin

148

00:06:35,430 --> 00:06:33,360

had completed a final timeline review of

149

00:06:38,070 --> 00:06:35,440

the task they would perform during

150

00:06:41,350 --> 00:06:38,080

thursday's spacewalk

151  
00:06:43,590 --> 00:06:41,360  
meanwhile flight engineer chris cassidy

152  
00:06:45,909 --> 00:06:43,600  
worked on a wednesday to replace the

153  
00:06:48,309 --> 00:06:45,919  
multi-filtration units inside the water

154  
00:06:50,950 --> 00:06:48,319  
recovery system the water recovery

155  
00:06:53,350 --> 00:06:50,960  
system recycles condensation and urine

156  
00:06:55,670 --> 00:06:53,360  
into drinkable water for the crew

157  
00:06:57,029 --> 00:06:55,680  
this reducing the amount of fresh water

158  
00:06:59,309 --> 00:06:57,039  
that

159  
00:07:02,469 --> 00:06:59,319  
might need to be sent to the crew aboard

160  
00:07:04,390 --> 00:07:02,479  
resupply ships

161  
00:07:05,990 --> 00:07:04,400  
cassidy then performed another

162  
00:07:08,710 --> 00:07:06,000  
ultrasound on flight engineer luca

163  
00:07:12,070 --> 00:07:08,720

parmitano for the spinal ultrasound

164

00:07:16,790 --> 00:07:13,909

and with an eye toward the return to

165

00:07:19,830 --> 00:07:16,800

earth in just three weeks cassidy joined

166

00:07:21,990 --> 00:07:19,840

misurkin and commander pavo vinogradov

167

00:07:25,990 --> 00:07:22,000

for a fit check at the cospec

168

00:07:28,870 --> 00:07:26,000

seat liners of their soyuz tma-08m

169

00:07:30,950 --> 00:07:28,880

spacecraft they will ride home in for a

170

00:07:32,390 --> 00:07:30,960

parachute assisted landing on the step

171

00:07:34,550 --> 00:07:32,400

of kazakhstan

172

00:07:38,790 --> 00:07:34,560

on the morning of september 11

173

00:07:43,350 --> 00:07:40,790

also on wednesday flight engineer karen

174

00:07:45,270 --> 00:07:43,360

nyberg spent part of her day in the

175

00:07:47,589 --> 00:07:45,280

japanese kibo module setting up a

176  
00:07:49,990 --> 00:07:47,599  
commercial payload she also replaced a

177  
00:07:51,430 --> 00:07:50,000  
rope on the advanced resistive exercise

178  
00:07:56,390 --> 00:07:51,440  
device

179  
00:07:58,950 --> 00:07:56,400  
station's residents can use for their

180  
00:08:01,350 --> 00:07:58,960  
daily two-hour exercise regimen to

181  
00:08:03,430 --> 00:08:01,360  
combat the loss of muscle mass and bone

182  
00:08:08,150 --> 00:08:03,440  
density experienced by long-duration

183  
00:08:12,469 --> 00:08:09,749  
last but not least on wednesday

184  
00:08:14,629 --> 00:08:12,479  
parmitano had exchanged a test sample

185  
00:08:17,430 --> 00:08:14,639  
cartridge and the solidification and

186  
00:08:19,589 --> 00:08:17,440  
quench furnace for another round of data

187  
00:08:21,909 --> 00:08:19,599  
collection

188  
00:08:24,550 --> 00:08:21,919

this research

189

00:08:26,950 --> 00:08:24,560

furnace provides three heater zones to

190

00:08:29,589 --> 00:08:26,960

ensure accurate temperature profiles and

191

00:08:31,670 --> 00:08:29,599

maintain a sample's required temperature

192

00:08:33,110 --> 00:08:31,680

variations throughout the solidification

193

00:08:35,670 --> 00:08:33,120

process

194

00:08:38,870 --> 00:08:35,680

it is one part of the materials science

195

00:08:40,550 --> 00:08:38,880

research rack that allows for on-orbit

196

00:08:43,829 --> 00:08:40,560

study of a variety of materials

197

00:08:48,630 --> 00:08:43,839

including metals ceramics semiconductor

198

00:08:53,829 --> 00:08:50,949

then yesterday on thursday two russian

199

00:08:56,070 --> 00:08:53,839

cosmonauts wrapped up a five-hour

200

00:08:59,030 --> 00:08:56,080

minute spacewalk

201  
00:09:02,949 --> 00:08:59,040  
completing that spacewalk at 12 32 pm

202  
00:09:08,070 --> 00:09:03,670  
the

203  
00:09:10,949 --> 00:09:08,080  
laser communications experiment with a

204  
00:09:13,350 --> 00:09:10,959  
new platform for a small optical camera

205  
00:09:15,110 --> 00:09:13,360  
system the installation of new spacewalk

206  
00:09:20,710 --> 00:09:15,120  
aids and

207  
00:09:24,550 --> 00:09:22,470  
meanwhile for the duration of thursday's

208  
00:09:27,509 --> 00:09:24,560  
spacewalk cassidy and station commander

209  
00:09:30,110 --> 00:09:27,519  
pavel vinogradov were isolated

210  
00:09:33,190 --> 00:09:30,120  
to the poisk module and their soyuz

211  
00:09:35,430 --> 00:09:33,200  
tma-08m spacecraft

212  
00:09:38,150 --> 00:09:35,440  
while flight engineers karen nyberg of

213  
00:09:40,710 --> 00:09:38,160

nasa and luca parmitano of the european

214

00:09:45,590 --> 00:09:40,720

space agency were free to move about the

215

00:09:50,790 --> 00:09:47,590

nyberg on thursday had spent much of her

216

00:09:52,710 --> 00:09:50,800

day working with the space 3 experiment

217

00:09:54,389 --> 00:09:52,720

which examines colloidal fluids

218

00:09:57,350 --> 00:09:54,399

classified as smart materials

219

00:09:59,509 --> 00:09:57,360

transitioning to a solid-like state in

220

00:10:01,030 --> 00:09:59,519

the presence of a magnetic field

221

00:10:04,470 --> 00:10:01,040

parmitano

222

00:10:06,949 --> 00:10:04,480

meanwhile had rerouted an exhaust port

223

00:10:08,790 --> 00:10:06,959

on the amine swingbed this

224

00:10:12,310 --> 00:10:08,800

technology demonstration is testing a

225

00:10:19,590 --> 00:10:12,320

smaller more efficient carbon dioxide

226

00:10:23,389 --> 00:10:21,750

and today on friday eurochicken and

227

00:10:25,750 --> 00:10:23,399

misurkin had participated in a

228

00:10:28,150 --> 00:10:25,760

post-spacewalk debrief with specialists

229

00:10:31,269 --> 00:10:28,160

on the ground they are performing

230

00:10:33,590 --> 00:10:31,279

several post spacewalk tasks to properly

231

00:10:35,350 --> 00:10:33,600

stow away their orlon spacesuits

232

00:10:37,430 --> 00:10:35,360

equipment and tools that were used in

233

00:10:39,430 --> 00:10:37,440

yesterday's excursion

234

00:10:42,710 --> 00:10:39,440

they had also opened the hatch to the

235

00:10:44,630 --> 00:10:42,720

european atv4 cargo ship that had been

236

00:10:46,310 --> 00:10:44,640

closed to support yesterday's spacewalk

237

00:10:48,870 --> 00:10:46,320

out of the piers docking compartment

238

00:10:50,949 --> 00:10:48,880

airlock

239

00:10:52,790 --> 00:10:50,959

nyberg meanwhile today had spent much of

240

00:10:54,870 --> 00:10:52,800

her day working with the inspace 3

241

00:10:59,269 --> 00:10:54,880

experiment

242

00:11:01,670 --> 00:10:59,279

fluids classified as smart materials

243

00:11:08,550 --> 00:11:01,680

transitioning to a solid-like state in

244

00:11:11,509 --> 00:11:10,069

also

245

00:11:13,190 --> 00:11:11,519

today on friday flight engineer

246

00:11:16,150 --> 00:11:13,200

parmitano had been busy with the

247

00:11:18,790 --> 00:11:16,160

recycled tank transfers to tanks in the

248

00:11:20,710 --> 00:11:18,800

docked european space agency cargo ship

249

00:11:22,630 --> 00:11:20,720

atv4

250

00:11:24,310 --> 00:11:22,640

here

251  
00:11:26,230 --> 00:11:24,320  
then spent some time in columbus to

252  
00:11:30,069 --> 00:11:26,240  
collect saliva examples as part of

253  
00:11:32,949 --> 00:11:31,590  
while flight engineer chris cassidy

254  
00:11:34,630 --> 00:11:32,959  
performs some maintenance to the water

255  
00:11:38,230 --> 00:11:34,640  
recovery system

256  
00:11:40,389 --> 00:11:38,240  
with the recycle tank change out

257  
00:11:42,230 --> 00:11:40,399  
again the water recovery system converts

258  
00:11:45,750 --> 00:11:42,240  
urine sweat and condensation into

259  
00:11:49,509 --> 00:11:47,350  
and each of the crew members will put in

260  
00:11:51,350 --> 00:11:49,519  
their daily two hours of exercise using

261  
00:11:52,790 --> 00:11:51,360  
onboard gym equipment that includes a

262  
00:11:55,269 --> 00:11:52,800  
station bicycle

263  
00:11:57,110 --> 00:11:55,279

a treadmill and an advanced resistive

264

00:11:58,870 --> 00:11:57,120

exercise device that simulates

265

00:12:00,550 --> 00:11:58,880

weightlifting here on earth

266

00:12:02,550 --> 00:12:00,560

the crew will then wrap up their day

267

00:12:04,230 --> 00:12:02,560

with a final daily planning conference

268

00:12:06,870 --> 00:12:04,240

with the ground

269

00:12:08,829 --> 00:12:06,880

and is scheduled to go to bed at 4 30 pm

270

00:12:11,110 --> 00:12:08,839

central

271

00:12:13,030 --> 00:12:11,120

time after the crew goes to sleep

272

00:12:15,030 --> 00:12:13,040

tonight robotic ground controllers at

273

00:12:17,910 --> 00:12:15,040

mission control houston will send

274

00:12:20,230 --> 00:12:17,920

commands to move the mobile transporter

275

00:12:23,190 --> 00:12:20,240

rail car to the correct work site for

276  
00:12:25,350 --> 00:12:23,200  
the walk-off of the canada arm 2 robotic

277  
00:12:27,829 --> 00:12:25,360  
arm from harmony's power and data

278  
00:12:31,590 --> 00:12:27,839  
grapple fixture to a small fixture on

279  
00:12:34,710 --> 00:12:33,190  
this work comes in advance of

280  
00:12:37,350 --> 00:12:34,720  
preparations for the ground commanded

281  
00:12:39,190 --> 00:12:37,360  
robotic movement of space parts from the

282  
00:12:42,710 --> 00:12:39,200  
exposed pallet brought to the station

283  
00:12:44,550 --> 00:12:42,720  
back on the htv-4 cargo ship

284  
00:12:47,350 --> 00:12:44,560  
and which now reside on the front porch

285  
00:12:49,269 --> 00:12:47,360  
of the japanese kibo module to the

286  
00:12:51,190 --> 00:12:49,279  
proper locations on the truss of the

287  
00:12:53,350 --> 00:12:51,200  
station